

Shipmates,

These are extraordinary times. On behalf of all of us involved in research vessel operations at Scripps, we deeply appreciate the time and effort you have expended in following our pre-embarkation protocol.

Our self-isolation venue will be Humphreys Half Moon Inn on Shelter Island. Humphreys (<https://www.halfmooninn.com/>) meets the standards that we've set for self-isolation venues. This includes having amenities that are consistent with expectations for business travel at UCSD, and appropriate for an extended stay. The venue will provide three in-room meals with dining choices accommodating dietary preferences, and each room will have access to fresh air on a private patio or deck.

Scripps staff will make the necessary reservations for your stay, and arrange payment for lodging and three meals per day. Your personal credit card will be required to check in, but will not be charged (unless you use it to order optional alcoholic beverages with meals). Other details are described below.

On the day of arrival, each person will need to arrange their own transportation, first to the Hillcrest drive-through test site at 1530 and then onward to Humphreys for a 1600 check-in. If you need support for this, please check with your supervisor for transportation expenses to be covered as a travel event (SIO Ship Operations is unable to reimburse you for this expense). You will not need a car after you check in, so we have not reserved any parking at the venue. Please don't bring your car. After you check in, your subsequent transportation will be provided.

A few common questions about self-isolation are answered below. Other answers are available in our Preparedness Plan and our FAQ, linked online from our SHIPS web page:

<https://scripps.ucsd.edu/ships/novel-coronavirus-covid-19-information-sio-research-vessels>

If you can't find answers there, please contact Drew Brighton M-F 0800-1600 with specific questions:

Andrew Brighton, Event Manager

Scripps Institution of Oceanography
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For weekend inquires please contact:

Donna Shabkie, Director of Institutional Events and Venue Rentals

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Questions and answers

Question: What is the check- in process?

On check-in day you will be scheduled for an RT-PCR test at the UCSD Hillcrest drive-through facility at 3:30 PM. You will need to arrange your own transportation there, and as soon as test is complete you should transport yourself immediately to the self-isolation lodging (Humphreys Half Moon Inn).

Humphreys is prepared to check the entire group in beginning at 4:00 PM, but please be prepared to

wait for you fellow shipmates who are checking in before you. Maintain a 6-foot distance and wear face covering during check-in.

The UCSD Hillcrest drive-through facility is located in the parking lot directly in front of the Medical Office South Building, 4168 Front St, San Diego, CA 92103. Look for the rows of white tents, and a docent will greet you at the driveway to direct you.

Humphreys Half Moon Inn is located at 2303 Shelter Island Dr., San Diego, CA 92106.

Question: What in-room amenities will there be?

- Single king bed or double queen beds
- Separate living area
- Desk
- Flat Screen TV with HDMI inputs
- Balcony or patio deck
- Air conditioning
- Mini-refrigerator
- Wireless internet (no charge to you)
- Coffee maker (2-cup drip coffee -- bring your own filters and coffee)
- Microwave oven
- Private bathroom

Question: Will there be internet access?

Yes. Wireless internet is available at no cost to you. The default speed in each room is 10mbps x 10mbps. Faster service is available, just ask for an upgrade code when you check in.

Question: Will there be parking or alternate transportation to the hotel provided?

You should arrange your own transportation for the arrival day. This will include an afternoon COVID test in Hillcrest, followed by a 1600 check-in at Humphreys. You will not need a car after that, so we have not reserved any parking at the venue. Please don't bring your car. After you check in, your subsequent transportation will be provided.

Question: What is the protocol for meals?

We are providing the same level of meal service as we provide on our ships: three meals per day. There will be a protocol for contactless drop-off of each meal, and for pickup of dishes, on a defined daily schedule. The venue will accommodate special diets, and there will be a way to indicate your preference when you order. You can order food and beverages at each meal time. An example menu and order form has been attached (actual items may vary between stays, depending on the restaurant's menu at the time). If you would like the chef to modify a dish to meet your dietary preference, you should ask when ordering.

Question: What about meals on mornings we have to leave the lodging early?

On the morning of your third and final test while staying in the hotel, you will be bused up to the test site and leave the hotel at 0730. This is too early for Humphreys to prepare breakfast, so each of you will be given a fruit and snack bag the night before to eat prior to or upon boarding the bus. Lunch and dinner will be the same for this day.

Question: What about the use of plastic by the hotel for meals?

Please note that Humphreys #1 priority is to ensure the safety of their guests and staff, and their safety guidelines require, among other things, minimizing touch-point items. This means that shrink wrap,

disposable plastic utensils, and other plastic items may be delivered with meals as mandated by city and county ordinances. The management at Humphreys hates generating plastic waste as much as we hate seeing it in our oceans, and they are exploring ways to minimize the use of plastics. For instance, using cardboard food boxes rather than plastic clamshells, and using paper delivery mats rather than plastic bags when leaving food outside your door. Some folks have commented that the presentation of the food is not as nice in the paper as in the plastic -- such is the price of our stewardship. You are welcome to bring your own reusable mugs, cups, utensils that you can wash in your room (you need to bring dish soap). You can request from the kitchen that you do not wish to have these items delivered. Under normal circumstances, Humphreys is praised for its use of reusable dishware and utensils and green/environmental initiatives -- but city and county sanitation rules during COVID constitute setbacks to their sustainability measures. Humphreys loves the sea and its creatures just as much as we do.

Question: Will there be other room service available?

No, only the regularly-scheduled meal deliveries. If you have a request, you should call the front desk. Humphreys will do their best to accommodate you, but keep in mind they have staffing limitations given these COVID times. Make sure to confirm with them whether there are costs associated with your request, because they will be charged to your personal credit card. SIO Ship Operations has agreed only to pay for three meals per day plus the cost of your room.

Question: Can I order alcoholic beverages?

Yes, but only at meal times. Note that it's against the law to use federal funds to use federal grant funds to purchase alcoholic beverages, and our support is from federal funds. Therefore, you need to pay for any alcohol yourself. If you think you may want to do so, you need to provide a credit card when you check in to the hotel, and alcoholic beverages that you order will be charged to your card.

Question: Is it possible for people to order food for delivery (i.e. Doordash, Seamless, UberEats)?

Yes, Humphreys does allow delivery services. When ordering, give the delivery services your room number (given at check in) and let them know they can park in guest registration and go to the rooms to drop off. Please instruct deliverers to knock and leave the food at the door, wear a mask or face covering, and keep a 6-foot distance if they need to be there when you open your door.

Question: What about housekeeping and trash?

To minimize contacts during your self-isolation, there will be no daily cleaning service. Should you wish to get fresh linens or towels, please call Housekeeping or the Front Desk. If more service is needed, you can arrange to set a time in which you would need to sit outside on your deck or patio while service is provided. Trash is picked up daily, use your meal bags to leave your trash outside your doors for pickup.

Question: Is this considered UC ships property with regards to drug/alcohol policies?

No. This is hotel property, please follow the hotel rules and policies (in addition to our self-isolation protocol).

Question: Is smoking allowed in the rooms?

No. This is non-smoking property. If you are a smoker who requires accommodation, please alert Drew Brighton who will seek accommodation for you that complies with our self-isolation requirements.

Question: I'd like to go for a walk by myself -- can I leave my room?

No, do not leave your room except to leave for scheduled COVID-19 testing as directed. Remember that the objective of self-isolation is to isolate yourself from any other people (and their viruses), to keep coronavirus off our ships.

Question: What about getting exercise?

Since you can't leave your room, this is a great chance to check out UC San Diego's online exercise routines, which you can stream on your laptop. Vera's 40-minute FlowLIFT is a great workout. Check out <https://www.youtube.com/user/UCSDRECREATION>

Question: What about laundry during self-isolation?

You will not have an in-room washer or dryer, and the venue does not have laundry machines for self-use. We recommend that you bring enough clothing to last six days in a hotel room. The venue may be able to offer a special laundry service that picks up and delivers for a fee, but it would need to be paid by you as an individual. You can do your own hand-laundering in your room, of course.

Question: What about the noise from the parrots or other neighbors?

Humphreys will do their best to make sure all Luxury Junior Suites are as far from potentially noisy guests and outside noise as possible (including the squawky parrots), but this is their habitat and some suites are simply closer to where those other denizens of the resort. With larger group sizes and busier times of the year, the hotel has less flexibility to accommodate us. Our plan prioritizes interior space for you over other considerations. However, if you'd prefer a more isolated, less noisy but smaller standard room (not a suite), we can work with the hotel to get you moved.

Question: What should I bring to self-isolation?

Consider entering self-isolation the same way you would consider boarding the vessel to go to sea. You should bring all the clothing and sundries you desire to have with you. You will not have the opportunity to return home or to go shopping for items between the time you enter self-isolation and the time you board the ship. Bring whatever entertainment devices and special snacks you care to have. Each room has a small drip coffee maker, a microwave and a mini-fridge with a freezer tray. A few items that previous guests have found useful include

- HDMI cable to connect laptop to TV
- Roku/Chromecast/Fire stick
- Small ice tray to make your own ice
- Favorite snacks and beverages
- Brita water filter
- Yoga mat
- Reusable cup and mug
- Microwavable cup for heating water
- Gourmet coffee and filters
- Melville's *Moby Dick*

SIO Ship Operations will prepare a welcome bag for you that includes a one -gallon bottle of water, plus an assortment of coffee and tea. Bottled water and caffeinated beverages are also an option at meal times if you want more.

Question: What if I forgot to bring something important?

If you forget something, you may arrange to have someone bring items to you at the self-isolation venue or at the ship. If you need to do this, please alert the Chief Scientist and Drew Brighton so they are aware and able to advise you of any additional precautions. Make sure any items brought to you are sanitized prior to delivery.

Question: Am I able to leave anything at the hotel once I check out of the hotel after self-isolation?

No. Please plan on bringing everything you bring to the hotel along with you on the ship. Otherwise, arrange for a friend/family member to pick up items outside your door before you check out. Humphreys will not be responsible to look after items or for any items left behind in the rooms after checkout.

Question: What is the check-out process?

On the morning after your last night's stay, we will arrange a bus to pick you up from the hotel and drop you off at Nimitz Marine Facility to board the ship. The bus will be waiting at 8:00 AM outside Building A on Shelter Island Drive. Before boarding the bus, you must provide your negative test result to your Chief Scientist, to Bruce Appelgate, and to the ship's captain (a screenshot of your **MyUCSDChart** test result is acceptable). Plan to wake up early enough to eat breakfast and board the bus before 0900. We have a 4-hour transit window from 0800-1200 this day, but the latest check out time is 1100 and the ship's captain requests to have everyone at MarFac as early as possible. Please note you will not need to go to the lobby and check out, just leave your key in your room and all credit card charges will be emailed to you.

Specific information

Humphreys Half Moon Inn has provided the following information about their facilities and services as an example of what you can expect.

However, details during your visit may be slightly different. For instance, food and drink offerings may rotate on or off the menu depending on what the kitchen is preparing at the time of your self-isolation.

All of our rooms are suites, but not all rooms are exactly identical in layout. Some are on the first floor, some on the second floor -- but all meet the standards we've established for self-isolation.

When you check in, Humphreys will provide you with an updated information package applicable to your stay.

Junior Suite



Duckling neighbors!



We call this duck "Squawky"

Chariots of the Swabs



UC San Diego Health COVID test center - Hillcrest

